

Dan Olien Cross Country Invitational

October 5th, 2019

Course location: New London Local Schools 80 acre complex at 1 Wildcat Drive off of Route 60 on the south edge of New London. This meet will allow you the flexibility as a coach to determine what is best for your athletes on the weekend prior to conference meets. It is a flat course with a wooded area that will allow your athletes to challenge their personal bests prior to the conference meet.

Fees: \$150.00 per school or \$20.00 per athlete if your school has four athletes or less

High School Races:

Coaches may choose which race/races they want their athletes to run in. You may enter athletes in both races if you wish, however in order to receive team awards, you must have at least 5 athletes finish in a race. Both races will be scored using normal scoring procedures with both team and individual awards being handed out in each race. Trophies will be handed out to the top 2 teams in each race, and medals will be handed out to the top 15 individuals in each race

Race #1

Our first high school race will be a normal 5k race that can be used as a final tune-up before conference or a race for your second team prior to postseason tournaments.

Race #2

Our second high school race will be a 2 mile race that can be used as a shorter tune- up race before conference, a chance for your athletes to aim for old school records, or a change of pace before the post-season begins.

Middle School Races:

Our middle school races will be 2 miles in distance and will allow coaches to run all of their athletes in the same race. Team scoring will be determined by normal scoring procedures, with the top two teams earning trophies and the top 15 individuals earning medals.

Time Schedule:

9:00 A.M. H.S. Boys 5k Race

9:30 A.M. H.S. Girls 5k Race

10:00 A.M. H.S. Boys 2 mile Race

10:30 A.M. H.S. Girls 2 mile Race

11:00 A.M. Junior High Boys Race

11:30 P.M. Junior High Girls Race

Spectators: A parking fee of \$4.00 will be charged as you enter the complex.

Restrooms are located inside New London High School. **No spikes allowed in the building!!!**

T-Shirts & Concessions: Are available at the concession stand.

Contact information:

Tom Howell, Athletic Director
Work phone: (419) 929-1586 ext. 5133
thowell@newlondon.k12.oh.us

Tyler Cawrse, Meet Director
Cell phone: (419) 706-3441
tcawrse@newlondon.k12.oh.us

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Instructions to coaches and athletes:

1. Rosters must be submitted through **Baum's Page** Online Entry System before the entry deadline (October 3rd @10:00 P.M). This packet gives detailed directions on how to do this.

Changes to your roster can be made at the meet headquarters located under by the entrance to the school. All changes must be made at least 30 min before the scheduled start time of that race.

2. Please drop athletes off in front of New London High School when you arrive and then the buses will be directed behind the school to another parking lot.
3. You will pick up race packets at meet headquarters located at the entrance area behind the bell under the overhang. This is also where race results and awards can be picked up.

*** PLEASE PIN ALL TAGS NEAR THE ATHLETES LEFT
HIP FOR QUICK REMOVAL***

4. We will post team scores and places along with individual places as soon as possible after all races. Results will also be posted on Baumspage.com as soon as possible and team results packets will be available at meet headquarters..
5. If you have any suggestions for next year's race, please turn them into the scorer's table at the meet in writing, or send them to Tyler Cawrse (meet director) at the above e-mail address.

Thank you for participating in this year's Dan Olien Invitational!!!!!!!!!!